Scholarship Statement

This partial scholarship is for those that hold multiple intersectional marginalized identities and are low-income. These include BIPOC (Black, Indigenous, South Asian, Diasporic, Immigrants, and People of Color) and Queer communities.

We know it takes all of us to make an impact through yoga and not all of us have equal access. We currently offer 1 partial scholarship and 1 full scholarship for the SweatBox Traditional Hot Yoga (Bikram) YTT 200-Hr.

We are a small business with limited resources ourselves, so we offer a set number of partial scholarships into our core programs. We encourage you to apply for them.

It is our intention to bring dignity, love, and humanity into this experience. In keeping with the values of our commitment to equity and justice, we are committed to building and growing our scholarship fund.

We acknowledge that this is a step in the movement towards creating equity and not a complete solution.

Considerations for Applying for a Full or Partial Scholarship

There are a limited number of scholarships. We are hoping to prioritize folks based on intersectional needs. Please only apply if you truly need a scholarship as these scholarships are intended for people who would not be able to attend otherwise. Please consider applying if the below items apply to your circumstance:

- Are supporting children as a single parent or have other dependents
- Are experiencing discrimination based on caste/social position
- Are experiencing financial hardship and have instability in home or food
- Have significant debt
- Have medical expenses not covered by insurance or a medical condition that prevents you from working
- Are eligible for public assistance
- Are an elder with limited financial support
- Have immigration-related expenses
- Are an unpaid community organizer
- Are a returning citizen who has been denied work due to incarceration history
- Are experiencing discrimination in hiring or pay level

Consider making space for someone else to benefit from the scholarship if you:

- Own the home you live in
- Benefit from caste/social privilege
- Have investments, retirement accounts or inherited money
- Travel for recreation
- Have access to family money and resources in times of need
- · Work part-time or are unemployed by choice
- Have a relatively high degree of earning power due to level of education even if you are not currently exercising your earning power, we ask you recognize this as a choice

If you are interested in applying for a partial or full scholarship, please write a 500-word essay on which scholarship you are applying for and speak to the above circumstances listed.

Email your response and any questions to frani@sweatboxyoga.com